



CIT SANDWICH POLYTECHNIC COLLEGE

(Government Aided Institution)

COIMBATORE- 641 014

NATIONAL SERVICE SCHEME



**REPORT ON REGULAR
ACTIVITIES**

2023- 2024



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NATIONAL SERVICE SCHEME REPORT ON REGULAR ACTIVITIES 2023- 2024

The NSS unit I and unit II of 210-CITSPC conducted the following regular activities and other program during the academic year 2023 - 2024.

S.NO	DATE	NAME OF THE EVENT
1	12.06.2023	Anti child Labor's Pledge
2	21.06.2023	International Yoga day Celebration
3	26.06.2023	Drug Abuse Day
4	11.08.2023	Anti Drug Abuse Day Pledge
5	15.08.2023	Independence Day Celebration
6	18.08.2023	Sadbhavana Diwas – Pledge
7	15.09.2023	Social Justice Day – Pledge
8	27.09.2023	Campus Cleaning Drive
9	13.01.2024	Pongal Day Celebration
10	26.01.2024	Republic Day Celebration
11	28.02.2024	National Science Day
12	08.03.2024	Womens Day Celebration

1. ANTI CHILD LABOR'S PLEDGE

In view of Anti child labour's day, an Oath taking event is observed in CIT Sandwich Polytechnic College on 12th June 2023. The NSS team organized the event and around 96 students participated in the event.



2. INTERNATIONAL YOGA DAY

On 21st June 2023, “International Yoga day” was celebrated in 210 - CIT Sandwich Polytechnic College as Yoga Training Program at 11.00 am in college Conference hall. The staffs of JSS Institute of Naturopathy and Yogic Sciences, Navakkarai, Coimbatore are invited as chief guests. The 100 students of II year, III year and few faculties of our college participated in the “International Yoga day”.

The event started with Tamizhthai Vazhthu by our girls' student volunteers. The chief guest Dr. V. Emi BNYS, Lecturer cum Medical Officer, Department of Physiotherapy delivered the lecture on information about “Yoga day” and importance of yoga in our daily life. The second chief guest Dr. Sudhakar, Lecturer, Department of Modern Diagnostics had given his valuable guidance in stress management and food habit importance to students. Following this, Dr. Padmashree, Lecturer, Department of Hydrotherapy conducted practice in yoga, meditation and chair surya

namaskar positions to students. All the students energetically participated in the training. Through this program students got the chance to know how yoga embodies unity of mind and body.

Event Photos:



3. INTERNATIONAL DAY AGAINST DRUG ABUSE

In view of International Day against Drug Abuse and Illicit Trafficking, an Awareness Programme for Drug Abuse was conducted by the NSS units of CIT Sandwich Polytechnic College on 26th June 2023. The Principal, Dr. R. Renuga addressed the volunteers and Inaugurated the program. She emphasized on the ill-effects of smoking, drinking and using of cool lip.

Following the awareness lecture, forty volunteers from NSS units I and II of CIT SPC participated in the awareness rally with placards containing anti-drug slogans. The NSS volunteers displayed the placards at the CIT college bus stop, CMC college bus stop, Codissia ground bus stop, CMC traffic signal and at the Codissia crossing. The students also created awareness among the public by shouting slogans against drug abuse. The Sub-Inspector of Police, Mr. Krishnakumar, of Peelamedu police station addressed the students on the eradication of drugs for a better society and assisted the students with the displaying of placards at the bus stops and traffic

signals. Through this event, awareness on Drug Abuse and Illicit Trafficking was created among the public.

Event Photos



4. ANTI DRUG ABUSE DAY PLEDGE

The pledge against drug abuse has been taken by all students in CIT Sandwich Polytechnic College on 11th August, 2023 at 10'30 hours. In the event, 100 students were participated.



5. INDEPENDENCE DAY CELEBRATION

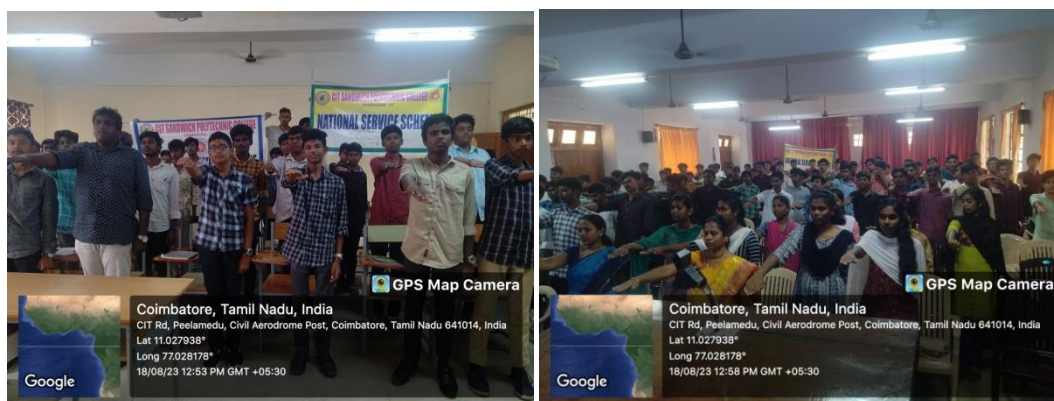
On August 15, 2023, CIT Sandwich Polytechnic College witnessed a lively Independence Day celebration organized by the NSS units. The event commenced with an impressive march past by NSS volunteers, followed by the flag hoisting ceremony

conducted by Principal Dr. R. Renuga. Her special speech resonated with the essence of independence and its significance in today's world. Additionally, a compelling speech by a student added depth to the event. The celebration concluded on a sweet note with the distribution of sweets, fostering a sense of unity and patriotism among all attendees.



6. SADBHAVANA DIWAS – PLEDGE

The birth anniversary of Former Prime Minister Late Shri Rajivgandhi is celebrated as **Sadbhavana Diwas** on 20th August every year. In this regard, the NSS units of 210-CIT Sandwich Polytechnic College, Coimbatore celebrated Sadbhavana Diwas (Nallenaka Naal) on 18.8.2023 as per the circular received on 16.8.2023 from DOTE. We took Pledge on this day to promote National integration and Communal Harmony among people of all religions, languages and regions. All the first, second year students and NSS staff members take part in the event. The event was organized by NSS wing of the College and 110 students participated in the event.



7. SOCIAL JUSTICE DAY – PLEDGE

Social Justice day is observed every year on 17th September to mark the birth anniversary of Thanthai Periyar. In view of this, the NSS units of 210-CIT Sandwich Polytechnic College, Coimbatore observed Social Justice Day on 15.9.2023. We took Pledge on this day to ensure Social Justice in our society. All the first and second year students of 200 strength take part in the event.



8. CAMPUS CLEANING DRIVE

On behalf of National Service Scheme Day and as part of the Swachhata Hi Seva Program, the NSS units of 210-CIT Sandwich Polytechnic College, Coimbatore, involved in cleaning activity in College Premises on 27.09.2023. All first year NSS volunteers (100 students) actively participated in the event. Also, Swachhata Hi Seva pledge was taken by the students.



9. PONGAL DAY CELEBRATION

Pongal, the harvest festival celebrated predominantly in Tamil Nadu, India, was joyously observed at CIT Sandwich Polytechnic College this year (13.01.2024). The event with more than 50 student participants, aimed to bring

together students, faculty, and staff to celebrate this traditional festival, promoting cultural heritage and community bonding. The preparations for the Pongal celebration began a day in advance. The campus was adorned with vibrant rangoli (kolam) designs at various locations, and traditional decorations like sugarcane stalks, turmeric plants, and banana leaves were prominently displayed. The atmosphere was festive, with students enthusiastically participating in the decoration process. The college principal, Dr. R. Renuga, delivered the speech, highlighting the significance of Pongal and the importance of preserving cultural traditions.

A special segment of the celebration was the traditional cooking of Pongal, a sweet rice dish. Students and faculty members gathered around a decorated pot to cook Pongal over an open fire. The ingredients, including rice, jaggery, milk, and ghee, were added with great enthusiasm and traditional chants of "Pongalo Pongal!" reverberated through the air as the dish bubbled and boiled over, symbolizing abundance and prosperity. The Pongal celebration at CIT Sandwich Polytechnic College was a resounding success, with enthusiastic participation from students, faculty, and staff. The event not only provided a platform for cultural expression but also fostered a sense of unity and joy among the college community. The celebration ended with a vote of thanks from the NSS programme officer, expressing gratitude to everyone who contributed to making the event memorable.



10. REPUBLIC DAY CELEBRATION

On January 26, 2024, CIT Sandwich Polytechnic College celebrated the 73rd Republic Day of India with patriotic fervor and a deep sense of national pride. The event aimed to instill a sense of patriotism among students and highlight the importance of the

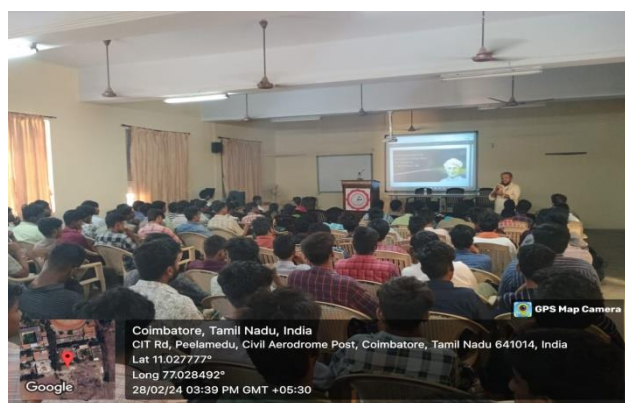
Indian Constitution in shaping the nation's identity. Around 50 students participated in the celebration.

The Republic Day celebration commenced with the hoisting of the national flag by the college principal Dr. R. Renuga, followed by the singing of the National Anthem by all present. This solemn moment marked the beginning of a day filled with activities that honored the spirit of the Indian Republic. Various cultural performances showcased the diversity of India's rich heritage. Students presented patriotic songs and recitations of inspiring speeches by national leaders. These performances resonated with themes of unity, diversity, and progress.



11.. NATIONAL SCIENCE DAY

National Science day was celebrated with the theme "Indigenous Technologies for Viksit Bharat," on 28th February 2024 at the college premises. The chief guest of the day was Dr.C.P. Yoganand, Assistant Professor, Coimbatore Institute of Technology, Coimbatore. All the first year students of strength 120 participated in the event and got benefited.



12. WOMEN'S DAY CELEBRATION

The Women's Day-2024 was celebrated under the title **"SELF CONFIDENCE (Invest in women: Accelerate progress)"** in our Institution on 8th March 2024(Friday) at 3.30 pm in a grand manner. The programme was presided over by our Principal Dr.R.Renuga and Dr.S.R.Ruckmani, WID Representative, CIICP. All our women faculty and girl students of around 56 were attended this programme. The event is organized by Women in Development cell in association with NSS team.

The Chief Guest of the programme was **Dr. M. A. Deepa**, M.Sc., M.Phil., PGDCA, Ph.D. Assistant Professor, Department of Botany, Government Arts College, Coimbatore. The programme was started with **"TamilthaiVazhthu"**.

Our Principal Dr.R.Renuga addressed the gathering on the occasion and appreciated women and their role in society and family. She highlighted the significance of the day and described the plight of women at present through an elaborated speech.

The Chief Guest **Dr.M.A.Deepa**,M.Sc.,M.Phil.,PGDCA,Ph.D. has delivered the speech on the topic of **"SELF CONFIDENCE" (Invest in women: Accelerate progress)** by shared about the achievements and success stories of women in all fields. She advised the students to become an achiever in future and she ended her speech with Women's Day wishes to all participants. Finally, the programme was ended with the vote of thanks by a student Ms.N.Subasri, III year Diploma in Computer Engineering, followed by National Anthem.



NSS Programme Officers

Principal