# CIT SANDWICH POLYTECHNIC COLLEGE

**COLIMBATORE-641014.** 

### FACULTY DEVELOPMENT PROGRAMME 2021-2022

A One Day Faculty Development Pragramme on 'Stress Management' will be conducted in our institute on 28-01-2022.

All the faculty members are invited to attend the programme.

Programme schedule will be e-circulated later.

Lunch will be provided for all the teaching and non-teaching staff.

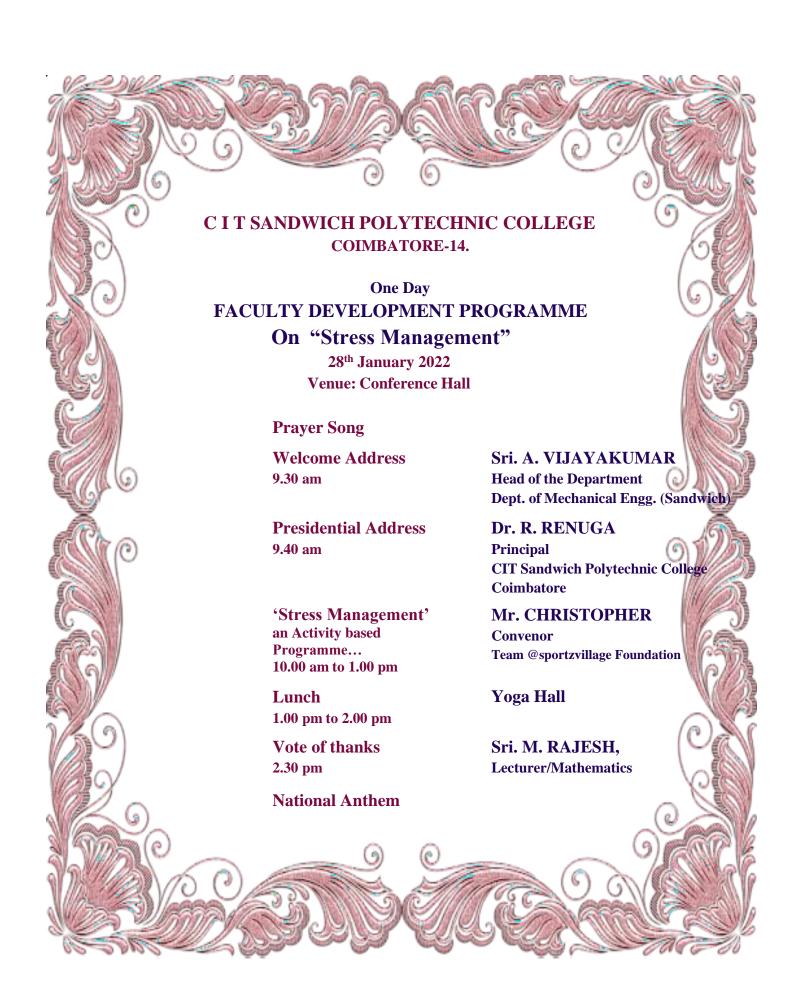
Circulation:

All Faculty Members

Co-ordinator – 1. Mr.A.Vijayakumar

2.Mrs.K.Sridevi,

3. Mr.M.Rajesh



# CIT SANDWICH POLYTECHNIC COLLEGE

**COIMBATORE-14** 

#### ONE DAY FCULTY DEVELOPMENT PROGRAMME

The one day faculty development programme on "Stress Management" was held on 28.01.2022 in CIT SPC conference hall. The Faculty development programme started with invocation prayer by Smt. M.Nithyakalyani, Lecturer/Physics, and Smt. K.Krishnaveni, Lecturer/ECE.







Mr.Christopher, Christo fitness club, is the convener of the programme.

The welcome address was delivered by Sri.A.Vijalumar, HOD/I/C,Mech.(Sandwich) and followed by the presidential address by the respected principal Dr.R.Renuga.





# A part of the participants.





**Mr. Christopher and his team** conducted various stress Management events and team building events for all teaching and non-teaching staffs. The program was fun and made each other to mingle together.







A delecious lunch was provided to all participants and staffs. Afternoon session is ended with getting feedback from participants.



The convener was honoured by providing honorarium.

# Sri.M.Rajesh, Lecturer/Mathematics, delivered the vote of thanks.

The function was came to an end with the national anthem.



# Expenses Incurred for conducting One Day Faculty Development Programme on 'Stress Management' on 28-01-2022.

| S.No. | Description       | Invoice/Bill No. & Date | Amount   |
|-------|-------------------|-------------------------|----------|
| 1     | Tea & Snacks –    | Sree Krishna Bakery     | 1000.00  |
|       | 80 Nos.           | 28-1-22                 |          |
| 2     | Lunch - 85 Nos.   | Mamu Biriyani Catering  | 11000.00 |
|       |                   | Servics, No.32, 28-1-22 |          |
| 3     | Honorarium to the | Christo Fitness Club,   | 5000.00  |
|       | Convener          | Voucher 28-1-22         |          |
|       |                   | Total                   | 17000.00 |